

Instrument Translation Agreement

I, _____, am requesting to translate the _____ instrument from English into _____.

I agree to these Terms and Conditions:

- Not to change the self-care instrument in anyway without explicit permission of the instrument author.
- To follow the translation procedure specified on the website (*self-care-measures.com*).
- To *FINISH* the translation within 4 months or relinquish the opportunity to someone else.
- To calculate scores in the manner prescribed (see website and publications).
- To properly cite the translated instrument in all publications using it, referring to the original publication.
- To allow others to freely use the translation as soon as it is approved by the instrument author and posted on the website.
- To allow my name *and* contact information to be posted on the website for contact by others.
Please specify your name, title and contact information (address, phone, email) below.

Note that we strongly encourage instrument users to use the Self-Care Self-Efficacy scale in addition to the other scales. If the instrument you want to translate does not include a confidence scale, we recommend that you also translate the Self-Care Self-Efficacy scale found on the website.

Translator:

Signature: _____

Date: _____

Translator contact information:

Instrument author:

Signature: _____

Date: _____