

CAREGIVER SELF-EFFICACY IN CONTRIBUTION TO SELF-CARE SCALE

All answers are confidential.

In general, in reference to the person you care for, how confident you are that you can:

(Circle **one** number for each statement)

	Not Confident		Somewhat Confident		Very Confident
1. Keep the illness of the person you care for <u>stable and free of symptoms</u> ?	1	2	3	4	5
2. <u>Follow the treatment plan</u> that have been given to the person you care for?	1	2	3	4	5
3. <u>Persist</u> in following the treatment plan even when difficult?	1	2	3	4	5
4. Routinely <u>monitoring the condition</u> of the person you care for?	1	2	3	4	5
5. <u>Persist</u> in routinely monitoring the condition of the person you care for even when difficult?	1	2	3	4	5
6. <u>Recognize changes</u> in the health of the person you care for if they occur?	1	2	3	4	5
7. <u>Evaluate the importance</u> of symptoms?	1	2	3	4	5
8. <u>Do something</u> to relieve symptoms of the person you care for?	1	2	3	4	5
9. <u>Persist</u> in finding a remedy for symptoms of the person you care for even when difficult?	1	2	3	4	5
10. <u>Evaluate</u> how well a remedy works?	1	2	3	4	5

THANK YOU FOR COMPLETING THIS SURVEY!