**Instrument Translation Agreement**

I, \_(Full Name)\_\_\_\_, am requesting to translate the \_(Name and Version of Instrument)\_ instrument from English into \_(Language)\_.

***I agree to these Terms and Conditions:***

* Not to change the self-care instrument in anyway without explicit permission of the instrument author.
* To follow the translation procedure specified on the website (*self-care-measures.com*).
* To *FINISH* the translation within 4 months or relinquish the opportunity to someone else.
* To calculate scores in the manner prescribed (see website and publications).
* To properly cite the translated instrument in all publications using it, referring to the original publication.
* To allow others to freely use the translation as soon as it is approved by the instrument author and posted on the website.
* To allow my name *and* contact information to be posted on the website for contact by others. **Please specify your name, title and contact information (address, phone, email) below.**

Note that we strongly encourage instrument users to use the Self-Care Self-Efficacy scale in addition to the other scales. If the instrument you want to translate does not include a confidence scale, we recommend that you also translate the Self-Care Self-Efficacy scale found on the website.

Translator:

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Translator contact information:

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Instrument author:

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_