**Instrument Use Agreement**

I, \_(Full Name)\_\_\_\_, am requesting to use the \_(Name and Version of Instrument)\_ instrument in \_(specify language)\_.

***I agree to these Terms and Conditions:***

* Not to change the self-care instrument in anyway without explicit permission of the instrument author.
* To calculate scores in the manner prescribed (see website and publications).
* To properly cite the instrument in all publications using it, referring to the original publication.
* To not include the instrument itself in any publication because that transfers the copyright to the journal publisher.

***The instrument authors agree to these Terms and Conditions:***

* You have permission to use this instrument in your research now and in perpetuity, if the terms and conditions of this agreement continue to be met.

Signature of User:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of Instrument Author:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_